

# Consortium for Social Development and Research Social Work Training and Research Centre

## INTRODUCTORY PLAY THERAPY

In this course, students will be introduced to the intervention modality of Play Therapy, which seeks to empower young children to positively respond to negative and traumatic emotions and experiences. Students will be exposed to the principles of play therapy and how play can be utilised to encourage children's self-expression and self-exploration.

Participants will develop introductory observational, reflective and communications skills to strengthen the interpersonal process in psychosocial and physical therapy for children and their families.

At the end of the course students should be able to:

- Define play therapy, its purpose, mission and distinguishing characteristics
- Explain the importance of play and its impact on children's development and well being.
- Identify, describe and differentiate the types, components and differential approaches to play therapy
- Develop appropriate play therapy assessment techniques for a client.

Duration: 10 weeks (3 hours per week)

Modality: Online

Cost: JA\$45,000.00/US\$300.00

Certificate type: Achievement and 3 CEUs

Continuing Education Units (CEUs) are awarded  
what are CEU's? <https://www.open.uwi.edu/cpec/about-ceu>

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<https://forms.gle/wjUwPLm4eDDm7H4M9>