

PROGRAMME ADVISING
DIPLOMA IN HEALTH & FAMILY LIFE EDUCATION INSTRUCTION (HFLEI)
ACADEMIC YEAR 2020/2021
PROGRAMME DELIVERY DEPARTMENT (PDD)

ADVICE: For the working adult we recommend a maximum of 3 courses for the semester

New Students: Students who enrolled as of Academic Year 2020/2021 must follow the course sequence given for their programme.

Advice for Managing Course Load: Most students carry between 1 – 3 courses per semester. **Plan wisely to suit your particular situation** so you may perform at your full potential. Do not jeopardize your long-term goals by being unrealistic about what you can handle.

The Diploma in Health & Family Life Education Instruction (HFLEI) is designed primarily for in-service teachers involved in HFLEI programmes as well as for those who will become involved in the future, or even those with an interest in HFLE. Other professionals such as guidance counsellors, social workers and others may also participate. The Diploma in Health & Family Life Education Instruction (HFLEI) programme is online.

The Diploma is designed as a one-year professional development programme consisting of six (6) courses. Each course will yield 3-credit courses and eighteen (18) credits will be amassed over one year.

| COURSE CODE | COURSE NAME | SEMESTER | PRE-REQUISITE | IMPORTANT INFORMATION TO GUIDE COURSE SELECTION & REGISTRATION |
|--------------------|----------------------------------------------------|-----------------|----------------------|---------------------------------------------------------------------------|
| GUIDANCE | | | | |
| EDHF4000 | Introduction to Health and Family Life Instruction | 1 | NONE | Assessment: Continuous 100%, No Final Examination |
| EDHF4001 | Life Skills Education | 1 | NONE | Assessment: Continuous 100%, No Final Examination |
| EDHF4002 | Self and Interpersonal Relationships | 2 | NONE | Assessment: Continuous 100%, No Final Examination |
| EDHF4003 | Sexuality and Sexual Health | 2 | NONE | Assessment: Continuous 100%, No Final Examination |
| EDHF4004 | Appropriate Eating and Fitness | Summer | NONE | Assessment: Continuous 100%, No Final Examination |
| EDHF4005 | Managing the Environment | Summer | NONE | Assessment: Continuous 100%, No Final Examination |